

Charities Challenge - Mother's Day 5ks Honored Active Moms - 2007 to 2013

CC has recognized extraordinary "Honored Active Moms" ("H-A-M"s) at each of our Mother's Day 5k – Celebration of Active Generations. Each of these forever-honored moms have been recognized for a variety of contributions of RxExercise leadership, first to their own families, kids & grandkids, as well as to thousands of others.

In the following list of moms are:

- Married Moms of 1 to 10 children each
- Grandmothers
- Leaders of health/fitness, athletics and exercise in their homes
- Leaders of health/fitness, athletics and exercise to others
- Coaches of thousands of others
- Coach to hundreds of health charities marathoners who raised > \$1 million
- One set of identical twin sister-Moms who set running records in MN
- Moms of special needs children
- Breast cancer "More Than Survivor"
- MN champions in a variety of sports
- US Olympian runner & coach
- Volunteers at hundreds of road races like those Charities Challenge produces
- Happy Mom of a blended family
- Natural Body Builder Champions of MN

2007 Jeanne DeMartino - Roseville
Corey Johnson - Woodbury

2008 Judy Meyer - New Brighton
Joan Wilson - Eden Prairie

2009 Patty Gaffney - Champlin
Amy Kohout - St Paul

2010 Carrie Tollefson - St Paul

2011 Chris Hesse-Withbroe - Lake Elmo
Willie Tibbetts - Eagan

2012 Karissa Johnson - Forest Lake
Stephanie VanHeel - Ham Lake

2013 Rae Applebaum - North St Paul
Dawn Bentley - Roseville

2014? Come to 2014 Mother's Day 5k to learn which moms will be recognized.