

Challenge Cancer 5K

Run & Walk
& Kids Fun Run 1/2K Challenge



Bunker Hills Regional Park,
Andover, MN

Saturday, July 21
8 AM Start

**“Celebrating Active
Cancer Survivors”**

Online Entry, 5k Event Records/Photos & more available at www.CharitiesChallenge.org

5K Run & Walk or 1K Walk - ENTRY FEE: \$33 pre-registered by 7/18; \$35 7/19-20; \$45 race day

Subtract \$5 from entry fee for no commemorative event shirt option

9:15 AM - Kids Challenge 1/2K Fun Runs - ENTRY FEE: \$12 pre-registered by 7/18 / \$20 race day

7 AM - Pre-registered Check-in/Bib # & Shirt Pick-up, and Race Day Registration Opens

5k on USATF certified course in beautiful Bunker Hills Regional Park; Start/Finish @ Activities Center
& for the first time simultaneously running with the 13th Annual Challenge Obesity 5k

Recognition: Complete 5k results by USATF Youth, Open, Masters (5-year age groups > age 40-80+)
Added values: Happy, colorful commemorative race shirt, CC hospitality, announcer, photos slideshow,
motivational music & healthful tasty treats for all event participants.

This is one of the in CC’s Life Challenge Series of 8 x 5k Events
highlighting RxExercise – Exercise as Medicine - relative to life’s
health challenges. Learn more @ “Power of RxExercise & Cancer” at
www.CharitiesChallenge.org; 612-245-9160.



Challenge Cancer with appropriate and highly effective RxExercise.

Appropriate RxExercise is a powerful help to many cancer patients who want to improve their daily quality of life by staying physically active through, and well beyond, their very challenging cancer therapies. RxExercise has helped many cancer survivors to make strong comebacks from their cancer challenges, to become *“More than Survivors”*.

Return this Registration to: Charities Challenge, 1516 Sunny Way Court, Anoka, MN 55303

2018 Challenge Cancer 5k pre-registered entry fee \$33 ‘til July 18; \$35; 7/19-20; \$45 Race Day: _____

Kids Challenge 1/2K - \$12 pre-registered by July 18 /\$20 race day (includes shirt; free w/o shirt) _____

Included Commemorative T-shirt XS __ S __ M __ L __ XL __ Only for sizes: 2XL __ (Add \$4) 3XL __ (Add \$5) _____

Subtract \$5 for no commemorative event shirt option _____

Thank you for any tax-deductible donation \$5, \$15, \$25 or more supporting CC RxExercise Programs \$_____ TOTAL = \$_____

Name _____ Sex __ Age __ Birthday ____/____/____

Address _____ Phone _____ (cell#) _____

City/State/Zip _____ E-Mail _____

Optional Registration Questions: Yes! “I’m More Than a Survivor” of cancer because of my RxExercise!

Type of Cancer(s): _____ Diagnosis Date: _____ Cancer Clear date: _____

Yes! This is My First-ever Race Event! I’ve previously raced in CC Events - Estimated # _____

I want info @ CC Programs like CC Travel-Team-Expenses-Paid “Ambassadorships” to inspiring destinations.

Knowingly and at my own risk I do hereby apply to enter an athletic contest. I hereby agree that I release and discharge Charities Challenge, Anoka County Parks, or any agent of any of these organizations or their successors from all claims, demands, injuries, damages, actions or causes of action and from all acts of active or passive negligence on the part of such organizations or corporations, or their agents. The undersigned also grants full permission to the race and any organization conducting the race and or agents authorized by them to use any photographs, videotapes, or other record of this event for any purpose. I agree to abide by road race etiquette and safety rules for safe racing by not bringing onto the course during the races any leashed or unleashed pets/animals.

Signature _____ Co-sign _____ Date _____ (< age 18, guardian sign)