

## 2016ValentinesDay5KResults

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Valentines Day - Heart 'r' Running 5K (8th Annual)  
 Claddagh Irish Pub & Restaurant, Maple Grove, MN 02/14/2016  
 USATF Certified Course # MN15008RR

Results By: Don Soule of Charities Challenge

Place	Name	Age	Sex	City	St	Time	Pace
1	Andrew Jones	31	M	Minneapolis	MN	19:31	6:17
2	Adam Duerr	32	M	Minneapolis	MN	19:45	6:22
3	Richard Recker	42	M	Edina	MN	20:06	6:29
4	Joel Theisen	47	M	Maple Grove	MN	20:13	6:31
5	Brian Dixon	53	M	Corcoran	MN	20:41	6:40
6	Tyrel Nelson	36	M	Bloomington	MN	20:45	6:41
7	Jessica Blemberg	39	F	Minneapolis	MN	21:56	7:04
8	Scot Pekarek	42	M	Minneapolis	MN	22:27	7:14
9	rob levitz	50	M	bovey	MN	22:46	7:20
10	Tom Ruen	47	M	Columbia Hts	MN	22:56	7:23
11	Matthew Ides	39	M	Minneapolis	MI	23:12	7:29
12	Kandace Konstantinides	29	F	Golden Valley	MN	23:20	7:31
13	Jason Erdahl	45	M	Plymouth	MN	23:38	7:37
14	Joanna Cheyka	45	F	Inver Grove Hei	MN	24:22	7:51
15	Jerry Freund	47	M	Crystal	MN	24:36	7:56
16	Linnea Burman	42	F	Hopkins	MN	26:05	8:24
17	Ron Byland	57	M	Long Lake	MN	26:06	8:25
18	Matthew Johnson	21	M	Otsego	MN	26:59	8:42
19	Brian Grove	42	M	Minneapolis	MN	27:02	8:43
20	Carisa Chen	15	F	Plymouth	MN	27:09	8:45
21	Camille Merwin	23	F	Minneapolis	MN	27:20	8:48
22	Dan Jacobson	24	M	Ramsey	MN	27:20	8:48
23	Jessica Kramer	34	F	Medina	MN	27:22	8:49
24	Erika Benson	54	F	Minneapolis	MN	27:28	8:51
25	Todd Cheyka	46	M	Inver Grove Hei	MN	27:30	8:52
26	Alex Grundstrom	22	F	Lakeville	MN	27:48	8:57
27	Emily Debevec	30	F	Saint Paul	MN	27:59	9:01
28	sherrie hatfield	39	F	Albertville	ME	28:15	9:06
29	Stephanie Peterson	45	F	Coon Rapids	MN	28:17	9:07
30	Ted Chen	51	M	Plymouth	MN	28:41	9:14
31	John Cramer	64	M	St Paul	MN	29:19	9:27
32	Savanah Stifel	21	F	Eden Prairie	MN	29:40	9:33
33	Ann Theisen	49	M	Maple Grove	MN	30:03	9:41
34	Brittney Stifel	27	F	Prior lake	MN	30:08	9:42
35	Mark Osell Danek	10	M	Ham Lake	MN	30:18	9:46
36	Rudy Kalan	10	M	Ham Lake	MN	30:19	9:46
37	Lisa Bovy	49	F	Ramsey	MN	30:35	9:51
38	Paul Antonio	32	M	Champlin	MN	30:36	9:51
39	Cathy Antonio	38	F	Champlin	MN	30:36	9:51
40	Ali Otto	25	F	Minneapolis	MN	30:41	9:53
41	Megan Lee	38	F	Minneapolis	MN	30:50	9:56
42	Joseph DeSylvester	67	M	Lakeville	MN	31:20	10:06
43	Chelsea Jones	30	F	Minneapolis	MN	31:36	10:11
44	Paul Montain	61	M	Hugo	MN	31:57	10:18
45	Roxy Hames	52	F	Blaine	MN	32:12	10:22
46	Winnie Klic Steffenson	59	F	Lake Elmo	MN	32:15	10:23
47	Abby Alm	22	F	Lakeville	MN	32:20	10:25
48	Jenni Wills	44	F	Blaine	MN	32:26	10:27
49	Daniel Jakaitis	35	M	Rochester	MN	32:32	10:29
50	Cheryl Poleschuk	28	F	Rochester	MN	32:32	10:29

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Place	Name	Age	Sex	City	St	Time	Pace
51	Ashley Smith	16	F	Maple Grove	MN	32:47	10:34
52	Marc Paylor	44	F	Minnetonka	MN	33:05	10:39
53	Brittany Lindquist	28	F	Saint Francis	MN	33:05	10:39
54	Jeanne Harstad	50	F	Blaine	MN	33:44	10:52
55	Monty Harstad	54	M	Blaine	MN	33:44	10:52
56	Molly Blackmore	45	F	St Louis Pk	MN	34:12	11:01
57	Carla Stevenson	60	F	Bloomington	MN	34:49	11:13
58	Michael Peterson	65	M	Minneapolis	MN	34:54	11:14
59	Kimberly Mikla	47	F	Woodbury	MN	34:56	11:15
60	Atticus Mikla	11	M	Woodbury	MN	34:56	11:15
61	Dale Fadden	60	M	Buffalo	MN	35:07	11:19
62	Keith stay	59	M	Lexington	MN	35:09	11:19
63	Chad Stay	40	M	Plymouth	MN	35:25	11:24
64	Alyssa Nier	32	F	Bloomington	MN	35:38	11:29
65	Gracie Fabienke	12	F	Ham Lake	MN	36:00	11:36
66	Grace Kalan	12	F	Ham Lake	MN	36:00	11:36
67	Donald Pockrandt	54	M	Eagan	MN	36:38	11:48
68	Amy Kohout	52	F	St. Paul	MN	37:00	11:55
69	Pat Fremont	68	M	Coon Rapids	MN	37:48	12:10
70	Valerie Knopp	53	F	Waite Park	MN	37:53	12:12
71	Kari Harlander	33	F	Holdingford	MN	37:53	12:12
72	Nicole Wanna	30	F	Lexington	MN	37:56	12:13
73	Andrea Urbanski	34	F	Crystal	MN	38:02	12:15
74	Christine Kramer	39	F	Cottage Grove	MN	38:03	12:15
75	KAREN WEIKEL	52	F	MAPLE GROVE	MN	38:54	12:32
76	Stacy Kramer	30	F	Rogers	MN	40:56	13:11
77	Nora Danek	10	F	Ham Lake	MN	43:01	13:51
78	Claudia Vee	62	F	Maple Grove	MN	44:01	14:11
79	Cindy Osell	44	F	Ham Lake	MN	44:30	14:20
80	Carol Barnhart	64	F	Minneapolis	MN	46:40	15:02
81	BONNIE MARSHALL	49	F	HASTINGS	MN	48:38	15:40
82	Lindsay Nauen	65	F	St Paul	MN	51:05	16:27
83	Joey Osell Danek	9	M	Ham Lake	MN	51:12	16:29
84	Richard Weil	65	M	St Paul	MN	51:57	16:44
85	Vicky Osell	47	F	Ham Lake	MN	51:57	16:44
86	Kim Kalan	48	F	Ham Lake	MN	53:00	17:04
87	Kate Fabienke	44	F	Ham Lake	MN	53:00	17:04

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\*\*\*\*\* AGE GROUP RESULTS \*\*\*\*\*

FEMALE AGE GROUP: 9 - 10

Place	O'All Name	Age	City	St	Time
1	77 Nora Danek	10	Ham Lake	MN	43:01

MALE AGE GROUP: 9 - 10

Place	O'All Name	Age	City	St	Time
1	35 Mark Osell Danek	10	Ham Lake	MN	30:18

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2	36	Rudy Kalan	10	Ham Lake	MN	30:19
3	83	Joey Osell Danek	9	Ham Lake	MN	51:12

FEMALE AGE GROUP: 11 - 12

Place	O'All	Name	Age	City	St	Time
1	65	Gracie Fabienke	12	Ham Lake	MN	36:00
2	66	Grace Kalan	12	Ham Lake	MN	36:00

MALE AGE GROUP: 11 - 12

Place	O'All	Name	Age	City	St	Time
1	60	Atticus Mikla	11	woodbury	MN	34:56

FEMALE AGE GROUP: 15 - 16

Place	O'All	Name	Age	City	St	Time
1	20	Carisa Chen	15	Plymouth	MN	27:09
2	51	Ashley Smith	16	Maple Grove	MN	32:47

FEMALE OPEN AGE GROUP: 19 - 34

Place	O'All	Name	Age	City	St	Time
1	12	Kandace Konstantinides	29	Golden valley	MN	23:20
2	21	Camille Merwin	23	Minneapolis	MN	27:20
3	23	Jessica Kramer	34	Medina	MN	27:22
4	26	Alex Grundstrom	22	Lakeville	MN	27:48
5	27	Emily Debevec	30	Saint Paul	MN	27:59
6	32	Savanah Stifel	21	Eden Prairie	MN	29:40
7	34	Brittney Stifel	27	Prior lake	MN	30:08
8	40	Ali Otto	25	Minneapolis	MN	30:41
9	43	Chelsea Jones	30	Minneapolis	MN	31:36
10	47	Abby Alm	22	Lakeville	MN	32:20
11	50	Cheryl Poleschuk	28	Rochester	MN	32:32
12	53	Brittany Lindquist	28	Saint Francis	MN	33:05
13	64	Alyssa Nier	32	Bloomington	MN	35:38
14	71	Kari Harlander	33	Holdingford	MN	37:53
15	72	Nicole Wanna	30	Lexington	MN	37:56
16	73	Andrea Urbanski	34	Crystal	MN	38:02
17	76	Stacy Kramer	30	Rogers	MN	40:56

MALE OPEN AGE GROUP: 19 - 34

Place	O'All	Name	Age	City	St	Time
1	1	Andrew Jones	31	Minneapolis	MN	19:31
2	2	Adam Duerr	32	Minneapolis	MN	19:45
3	18	Matthew Johnson	21	Otsego	MN	26:59
4	22	Dan Jacobson	24	Ramsey	MN	27:20
5	38	Paul Antonio	32	Champlin	MN	30:36

FEMALE AGE GROUP: 35 - 39

Place	O'All	Name	Age	City	St	Time
1	7	Jessica Blemberg	39	Minneapolis	MN	21:56
2	28	sherrie hatfield	39	Albertville	ME	28:15
3	39	Cathy Antonio	38	Champlin	MN	30:36
4	41	Megan Lee	38	Minneapolis	MN	30:50
5	74	Christine Kramer	39	Cottage Grove	MN	38:03

MALE AGE GROUP: 35 - 39

Place	O'All	Name	Age	City	St	Time
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1	6 Tyrel Nelson	36 Bloomington	MN	20:45
2	11 Matthew Ides	39 Minneapolis	MI	23:12
3	49 Daniel Jakaitis	35 Rochester	MN	32:32

FEMALE AGE GROUP: 40 - 44

Place	O'All	Name	Age	City	St	Time
1	16	Linnea Burman	42	Hopkins	MN	26:05
2	48	Jenni wills	44	Blaine	MN	32:26
3	52	Marc Paylor	44	Minnetonka	MN	33:05
4	79	Cindy Osell	44	Ham Lake	MN	44:30
5	87	Kate Fabienke	44	Ham Lake	MN	53:00

MALE AGE GROUP: 40 - 44

Place	O'All	Name	Age	City	St	Time
1	3	Richard Recker	42	Edina	MN	20:06
2	8	Scot Pekarek	42	Minneapolis	MN	22:27
3	19	Brian Grove	42	Minneapolis	MN	27:02
4	63	Chad Stay	40	Plymouth	MN	35:25

FEMALE AGE GROUP: 45 - 49

Place	O'All	Name	Age	City	St	Time
1	14	Joanna Cheyka	45	Inver Grove Height	MN	24:22
2	29	Stephanie Peterson	45	Coon Rapids	MN	28:17
3	37	Lisa Bovy	49	Ramsey	MN	30:35
4	56	Molly Blackmore	45	St Louis Pk	MN	34:12
5	59	Kimberly Mikla	47	Woodbury	MN	34:56
6	81	BONNIE MARSHALL	49	HASTINGS	MN	48:38
7	85	Vicky Osell	47	Ham Lake	MN	51:57
8	86	Kim Kalan	48	Ham Lake	MN	53:00

MALE AGE GROUP: 45 - 49

Place	O'All	Name	Age	City	St	Time
1	4	Joel Theisen	47	Maple Grove	MN	20:13
2	10	Tom Ruen	47	Columbia Hts	MN	22:56
3	13	Jason Erdahl	45	Plymouth	MN	23:38
4	15	Jerry Freund	47	Crystal	MN	24:36
5	25	Todd Cheyka	46	Inver Grove Height	MN	27:30
6	33	Ann Theisen	49	Maple Grove	MN	30:03

FEMALE AGE GROUP: 50 - 54

Place	O'All	Name	Age	City	St	Time
1	24	Erika Benson	54	Minneapolis	MN	27:28
2	45	Roxy Hames	52	Blaine	MN	32:12
3	54	Jeanne Harstad	50	Blaine	MN	33:44
4	68	Amy Kohout	52	St. Paul	MN	37:00
5	70	Valerie Knopp	53	Waite Park	MN	37:53
6	75	KAREN WEIKEL	52	MAPLE GROVE	MN	38:54

MALE AGE GROUP: 50 - 54

Place	O'All	Name	Age	City	St	Time
1	5	Brian Dixon	53	Corcoran	MN	20:41
2	9	rob levitz	50	bovey	MN	22:46
3	30	Ted Chen	51	Plymouth	MN	28:41
4	55	Monty Harstad	54	Blaine	MN	33:44
5	67	Donald Pockrandt	54	Eagan	MN	36:38

FEMALE AGE GROUP: 55 - 59

## 2016ValentinesDay5KResults

Place	O'All	Name	Age	City	St	Time
1	46	winnie Klic Steffenson	59	Lake Elmo	MN	32:15

## MALE AGE GROUP: 55 - 59

Place	O'All	Name	Age	City	St	Time
1	17	Ron Byland	57	Long Lake	MN	26:06
2	62	keith stay	59	Lexington	MN	35:09

## FEMALE AGE GROUP: 60 - 64

Place	O'All	Name	Age	City	St	Time
1	57	Carla Stevenson	60	Bloomington	MN	34:49
2	78	Claudia Vee	62	Maple Grove	MN	44:01
3	80	Carol Barnhart	64	Minneapolis	MN	46:40

## MALE AGE GROUP: 60 - 64

Place	O'All	Name	Age	City	St	Time
1	31	John Cramer	64	St Paul	MN	29:19
2	44	Paul Montain	61	Hugo	MN	31:57
3	61	Dale Fadden	60	Buffalo	MN	35:07

## FEMALE AGE GROUP: 65 - 69

Place	O'All	Name	Age	City	St	Time
1	82	Lindsay Nauen	65	St Paul	MN	51:05

## MALE AGE GROUP: 65 - 69

Place	O'All	Name	Age	City	St	Time
1	42	Joseph DeSylvester	67	Lakeville	MN	31:20
2	58	Michael Peterson	65	Minneapolis	MN	34:54
3	69	Pat Fremont	68	Coon Rapids	MN	37:48
4	84	Richard weil	65	St Paul	MN	51:57