



Lederhosenlauf 5k

Saturday, June 9 at 8 AM | GAI Deutsche Tage 2018

The Germanic-American Institute in partnership with Charities Challenge is kicking off Deutsche Tage (German Days) with the Lederhosenlauf 5k, a fun run with a Germanic flair. Prizes for best individual and team costumes. Free beer and brat after the run. Pro-timed USATF certified course in the beautiful St. Paul Cathedral/Summit Avenue neighborhood. Results by Youth, Open, and Masters USATF divisions.



REGISTRATION

Return this form to: Charities Challenge, 1516 Sunny Way Ct, Anoka, MN 55303

Online registration at CharitiesChallenge.org. More information at gai-mn.org.



Name _____ Sex _____ Age _____ Birthday ____/____/____

Address _____ Phone(s) _____ / _____

City/State/Zip _____ E-Mail _____



2018 Lederhosenlauf 5k Run Walk or 1 Mile Walk

Pre-registration is \$38 through May 31; \$42 June 1-7; \$50 race day

Entry fee amount—see above \$ _____

Adult T-shirt: XS S M L XL
 2XL – add \$4 3XL – add \$5 +\$ _____

No commemorative T-shirt – deduct \$5 - \$ _____



T-shirt design

Optional: Tax-deductible donation supporting
 CC's RxExercise Mission &/or GAI's Education Programs +\$ _____

TOTAL ENCLOSED (Make check payable to Charities Challenge) \$ _____

Optional Registration Questions:

Yes, this is my first-ever road race event! Team name _____

I want info about CC's Programs like CC Travel-Expenses-Paid "Ambassadorships" to Worldwide Road Race Events

Knowingly and at my own risk I do hereby apply to enter an athletic contest. I hereby agree that I release and discharge Charities Challenge, the German-American Institute, the City of St Paul, or any agent of any of these organizations or their successors from all claims, demands, injuries, damages, actions or causes of action and from all acts of active or passive negligence on the part of such organizations or corporations, or their agents. The undersigned also grants full permission to the race and any organization conducting the race and or agents authorized by them to use any photographs, videotapes, or other record of this event for any purpose. I agree to abide by road race etiquette and safety rules for safe racing by not bringing onto the course during the races any leashed or unleashed pets/animals.

Signature _____

Co-sign _____ Date _____ (< age 18, guardian sign)